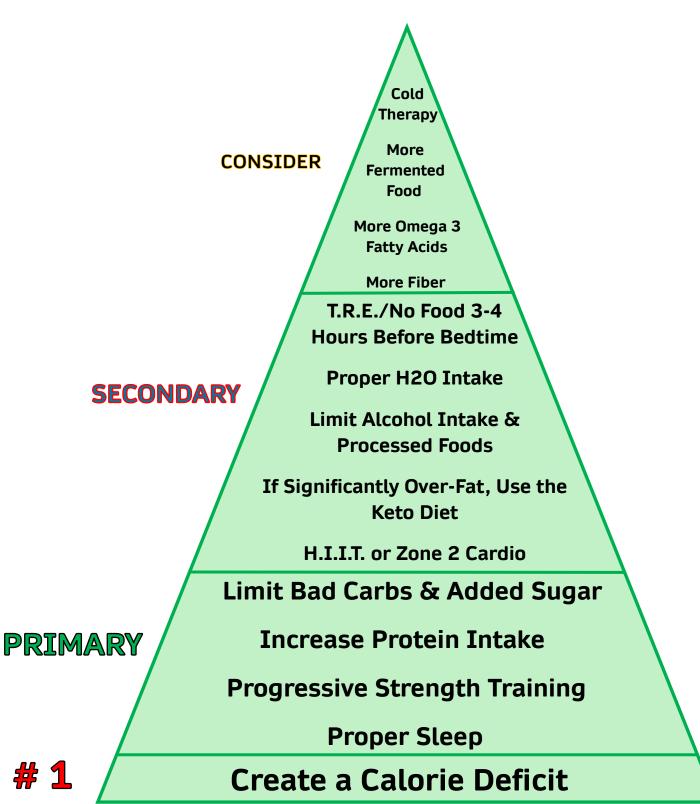
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Tom Kelso, MS, MSCC-E, CSCS Nov. 2024